1. In caring for a bee sting, what should you do?
   1. Remove the remaining stinger by scraping it from the skin
   2. Leave the stinger in place until more advanced personnel arrive
   3. Pull the stinger out with your bare hands
   4. Rub over the stinger with an alcohol swab

Remove the remaining stinger by scraping it from the skin

#

1. When spending time outdoors in woods or tall grass, what should you do to prevent bites and stings?
   1. Wear light-colored clothing.
   2. Use insect or tick repellent.
   3. Tuck pant legs into boots or socks.
   4. All of the above

All of the above

#

1. Which of the following are signals of Lyme disease
   1. Trouble breathing
   2. Headache, fever, weakness, joint and muscle pain
   3. Excessive saliva
   4. Sneezing

Headache, fever, weakness, joint and muscle pain

#

1. Which of the following is NOT a heat-related emergency
   * 1. Heat exhaustion
     2. Heat stroke
     3. Heat cramps
     4. Frostbite

Frostbite

#

1. What is the primary cause of heat-related emergencies
   * 1. Excessive sweating
     2. Overexertion in hot weather
     3. Dehydration
     4. Prolonged exposure to cold temperatures

Overexertion in hot weather

#

1. Which of the following is a symptom of hypothermia?
   * 1. Flushed skin
     2. Profuse sweating
     3. Confusion or disorientation
     4. Rapid pulse rate

Confusion or disorientation

#

1. What is the initial step in treating frostbite?
   * 1. Rubbing the affected area vigorously
     2. Applying direct heat, such as a heating pad
     3. Immerse the area in warm water
     4. Seek medical attention immediately

Seek medical attention immediately

#

1. What should you do first if someone has ingested a poisonous substance?
   * 1. Offer them food or water to dilute the poison
     2. Induce vomiting to remove the poison from the stomach
     3. Call Poison Control or emergency medical services
     4. Administer over-the-counter pain medication

Call Poison Control or emergency medical services

#

1. Which of the following is an example of a poisonous substance?
   * 1. Aspirin
     2. Bleach
     3. Vitamin C
     4. Ibuprofen

Bleach